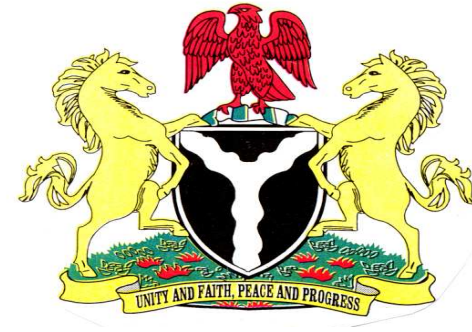


National Board for Technical Education (NBTE)



Federal Government of Nigeria

NATIONAL INNOVATION DIPLOMA

IN

COSMETOLOGY AND BEAUTY THERAPY

CURRICULUM AND COURSE SPECIFICATIONS

2009

PLOT 'B' BIDA ROAD, P.M.B. 2239, KADUNA

NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY AND BEUTY THERAPY

GOAL: The National Innovation Diploma in Cosmetology and Beauty Therapy is designed to equip Students with skills and knowledge for a carrier in the salon and beauty industry.

OBJECTIVE:

A Diploma holder of this programme should be able to:

- ✓ Identify the main aspects of modern Cosmetology and beauty therapy business,
- ✓ Carry out a range of beauty therapy techniques,
- ✓ Investigate a variety of products, techniques and technologies used in the industry.
- ✓ Apply Beauty therapy within the cultural context of the society.
- ✓ Carry out beauty therapy based on the understanding of the anatomy and physiology of ageing,
- ✓ Analyse and demonstrate a range of interpersonal skills required within the profession.
- ✓ Apply the knowledge of how organizations work in order to achieve organization's objectives,
- ✓ Market the products and services of a beauty salon.

ENTRY QUALIFICATION:

The general entry requirements into the National Innovation Diploma in Cosmetology and Beauty Therapy programme are:

- Post basic Education Certificate (Post JSS) with at least 5 credit levels pass in SSCE or equivalent. The subjects include: Credit pass in English and any four of the following: Mathematics, Chemistry, Biology, Health Science, Commerce, Economics, Geography, History and any Nigerian Language. Etc.
- Unemployed or under-employed graduates looking for requisite employable skills.
- Employed graduates who desire relevant or additional skills.
- Those out of school for a long time, in line with Government desire for open access to reskilling and up-skilling of the nation's work force as part of life long learning (LLL)

STRUCTURE OF PROGRAMME:

The National Innovation Diploma (NID) Cosmetology and Beauty Therapy Programme is structured to consist of four semesters of 15 wks each involving teaching, practicals exercises, quizzes and tests. A minimum of four months of Supervised Industrial Work Experience Scheme (SIWES) is required at the end of the first year of the programme.

ACCREDITATION:

The programme shall be accredited by the National Board for Technical Education (NBTE) before Diplomates can be awarded diploma certificate.

CONDITION FOR THE AWARD OF NATIONAL INNOVATION DIPLOMA:

The conditions for the award of National Innovation Diploma include:

- Satisfactory performance of all the prescribed course work, which may include class work, quizzes, tests, salon work etc.
- Satisfactory performance of all semester examinations.
- Supervised student industrial work experience for one semester.
- Satisfactory completion of final year project.

EVALUATION SCHEME:

The National Innovation Diploma Examination must be externally moderated. In grading the awards; theory shall constitute- 20%, practicals- 50% and SIWES- 30%.

CURRICULUM TABLE

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

YEAR: ONE

SEMESTER: ONE

S/No.	Course Code	Course Title	L	P	CU	CH	PRE
		<u>GENERAL COURSES</u>					
	CSK 101 *	Communication in English I	1	-	1	1	
	VMT 011	Mathematics	1	-	1	1	
		<u>FOUNDATION COURSES</u>					
	CMD 101	Introduction to Cosmetology	1	-	2	1	
	CMD 103	Chemistry in Cosmetology	1	3	2	4	
		<u>CORE COURSES</u>					
	CMD 105	Salon Ecology	1	3	2	4	
	CMD 107	Chemical Services	1	4	2	5	
	CMD 109	Tricology	1	2	2	3	
	CMD 113	Hair and Scalp Treatment	1	4	2	5	
	CMD 115	Manicure and Pedicure	1	3	2	4	
		TOTAL	9	19	15	28	

* Use of library and speaking skills.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

YEAR: ONE

SEMESTER: TWO

S/No.	Course Code	Course Title	L	P	CU	CH	PRE
		<u>GENERAL COURSES</u>					
		Physics (Electricity)	1	-	1	1	
	CSK 103,201,202 **	Communication in English II	1	-	1	1	
		<u>FOUNDATION COURSES</u>					
	CMD 102	Salon Management	1	-	1	1	
	CMD 104	Anatomy and Physiology	1	2	2	3	
		<u>CORE COURSES</u>					
	CMD 106	Hair Colouring	1	4	2	5	
	CMD 108	Make - up	1	3	3	4	
	CMD 110	Hair Shaping	1	2	2	3	
	CMD 112	Removal of Superfluous Hair	1	2	2	3	
	CMD 114	Cosmetic Dermatology	1	2	2	3	
	CMD 116	Weaving, Braiding and Twisting	1	5	3	6	
		TOTAL	10	20	19	30	

** English Grammar, Fast Reading and Comprehension and Summary.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

YEAR: TWO

SEMESTER: ONE

S/No.	Course Code	Course Title	L	P	CU	CH	PRE
		<u>GENERAL COURSE</u>					
	EPD 101,102	Entrepreneurship I&II	1	-	1	1	
		Computer Appreciation	1	-	1	1	
		<u>CORE COURSES</u>					
	CMD 201	Body Treatment	1	4	3	5	
	CMD 203	Nail Technology	1	4	3	5	
	CMD 205	Facials	1	4	3	5	
	CMD 207	Body Massage	1	4	3	5	
		TOTAL	6	16	14	22	

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

YEAR: TWO

SEMESTER: TWO

S/No.	Course Code	Course Title	L	P	CU	CH	PRE
		<u>GENERAL COURSE</u>					
	EPD 103	Entrepreneurship III	1	-	1	1	
	CSK 203,301,302,303	Communication in English III	1	-	1	1	
		<u>CORE COURSES</u>					
	CMD 202	Nail Product Chemistry	1	2	2	3	
	CMD 204	Safety in the Salon	1	2	2	3	
	CMD 206	Professional Conduct	1	1	1	2	
	CMD 208	Chemistry of Cosmetic Products	1	2	2	3	
	CMD 210	Project	-	6	2	6	
		TOTAL	6	12	11	19	

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

COURSE: Introduction to Cosmetology

CODE: CMD 101

DURATION: HOURS/WEEK Lecture: 1 hr Practical: 0hrs

UNITS: 1

GOAL: This module is designed to introduce the trainee to the science of beautification and the beauty industry.

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Understand the world of cosmetology and hair dressing.
2. Understand the history of cosmetology
3. Understand the career opportunities available to a licensed cosmetology.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Introduction to Cosmetology			COURSE CODE: CMD 101		CONTACT HOURS: 1	
GOAL: This module is designed to introduce the trainee to the science of beautification and the beauty industry.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: (1) Understand the world of cosmetology and hair dressing.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-6	1.1 Define cosmetology 1.2 Define the art of hair dressing. 1.3 Explain the relevance of cosmetology to the modern world. 1.4 Explain the factors that determine your success in your training as a cosmetologist.	<ul style="list-style-type: none"> • Give definitions of key terms. • Explain concept of cosmetology 	Textbooks, Handouts, video, etc.			
General Objective: (2) Understand the history of cosmetology						
7-11	2.1 Explain how and where the beauty culture or cosmetology originated from. 2.2 Explain the gradual growth and progress of cosmetology through the ages to the present day. 2.3 Explain the future of the beauty industry and the factors that contribute to the growth of the industry.	State origin, growth and future of cosmetology.	Textbooks, Handouts, video, etc.			

General Objective: (3) Understand the career opportunities available to a cosmetologist						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
12-13	3.1 Explain the career opportunities available to a licensed and well trained cosmetologist e.g. (a) A beauty salon owner (b) A beauty salon manager. (c) A make up artist. (d) A beauty school owner (e) A cosmetology teacher, etc.	State career opportunities open to graduates of cosmetology.	Textbooks, Handouts, video, etc.			

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%

PROGRAMME:	NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY		
COURSE:	Chemistry in Cosmetology		
CODE:	CMD 103		
DURATION:	HOURS/WEEK	Lecture: 1 hr	Practical: 3hrs
UNITS:	2		
GOAL:	This module is designed to acquaint the trainee with the Chemistry as it relates to cosmetology.		

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

- 1.0 Understand the composition of Waving lotions and chemical hair straighteners/Relaxers.
- 2.0 Understand the composition of their colours and lighteners.
- 3.0 Know the composition of hair & scalp products.
- 4.0 Know the composition of skin cosmetics and their effects.
- 5.0 Understand the composition and effects of hand cosmetics.
- 6.0 Understand sterilization and its relevance to cosmetology.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Chemistry in Cosmetology			COURSE CODE: CMD 103		CONTACT HOURS: 4	
GOAL: This module is designed to acquaint the trainee with the Chemistry as it relates to cosmetology.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: (1) Understand the composition of waving lotions and chemical hair straighteners and Relaxers.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-4	<p>1.1 Explain the composition of temporary hair setting preparations e.g. Setting lotions Lotter body Mousse</p> <p>1.2 Explain the composition of permanent hair waving formulars or preparations e.g. The conventional cold waving lotion. The two bottle cold wave (acid balanced heat perm) etc.</p> <p>1.3 Explain the composition and action of chemical hair straighteners e.g. (a) sodium hydroxide (b) caustic hair straighteners.</p> <p>1.4 Explain the composition and action of hair relaxers.</p>	<p>Ensure the trainee understands the composition of temporary hair setting preparation.</p> <p>Conventional cold waving lotion and the two bottle Cold wave perming with relaxers.</p>	Textbooks, Handouts, video, etc.	Carry out hair relaxing on mannequins or live models.	Demonstrates with relaxers and ensure the trainee carries it out with the use of the mannequins or live models.	Mannequins, Relaxers, live models etc.

General Objective: (2) Understand the composition of hair colours and lighteners.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
5-6	2.1 Define hair lighteners or bleaches with examples.	Ensures the trainee understand the meaning of lighteners bleaches and enumerate the various types.	Chalk board Textbooks Handouts, etc.	Carries out the various hair bleaching and hair lightening on mannequins or live patrons.	Demonstrates and ensures the trainee carries out the activities of hair colouring and lightening on mannaquines or live patrons.	Dyes of other hair colouring practicals.
	2.2 Explain the action of hair lighteners.					
	2.3 Define hair colours.					
	2.4 State the classes of hair colours available e.g. Temporary Semi permanent, etc.					
	2.5 Explain the chemical action of applying hair colour on the human hair.					
General Objective: (3) Know the composition of Hair and Scalp product.						
	3.1 Explain the composition of hair and scalp products like (a) Scalp lotions (b) Scalp pomades (c) Hair creams (d) Hair sprays (e) Hair rinses, etc.	Ensures the trainee identifies the various products for hair and scalp composition	Textbooks, Handouts, Chalk, Board	Identifies and carries out the uses of the products on mannaquines or live patrons.	Demonstrates and ensures the trainee uses the products on mannequins or live patrons.	Hair/Scalp products etc.

WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
7-8	3.2 Define hair conditioners. Give examples.	Ensure the trainee understands the meaning of Hair Conditioners, their composition, positive and negative effects to the hair.	Textbooks, Handouts, video, etc.	Carry out an examination of the hair Conditioners, their composite nature uses and positive/negative effects to the hair.	Demonstrates and ensure the trainees examine the hair conditioners, the uses and positive/negative effects to the hair.	Various hair Conditioners, lab equipments, etc.
	3.3 Explain the chemical composition of conditioners					
	3.4 Explain their effects on hair e.g. (a) Help prevent damage to hair. (b) Help protect damaged hair from further damage. (c) Add more body to hair. Etc.					
General Objective: (4) Know the composition of Skin cosmetics and their effects.						
9-10	4.1 Define skin cosmetics.	Ensures that the trainee understands the meaning of skin cosmetics, the composition and uses.	Textbooks Handouts.	Carry out examination of the skin cosmetics, its composite nature and uses.	Demonstrate and ensures the trainee understands skin cosmetics, its composite nature and uses.	Facial equipment or laboratory equipments, different types of cosmetics, etc.
	4.2 Mention some skin cosmetics.					
	4.3 Explain their composition.					
	4.4 Explain their uses.					
General Objective: (5) Understand the composition and effects of hand cosmetics.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
	5.1 Define cosmetics for the hand. Give examples: (a) like hand creams (b) softeners (hand) (c) Hand bleaches.	Explain and ensures the trainee understands the meaning of hand cosmetics, itemize them and also be able to identify the uses and effect to the	Textbooks Handouts, Chalk, Boards, etc.	Identify the various hand cosmetics and examine their uses and composite effects to the hands.	Demonstrate and ensures the trainee understands and examine the various hand cosmetics, their uses and composite	Various types of hand cosmetics and laboratory equipment.

11-12	5.2 Explain the chemical composition of cosmetics for the hand. 5.3 Explain the uses and effects of hand cosmetics.	hand.			effects to the hand.	
General Objective: (6) Understand sterilization and its relevant to cosmetology						
13-14	6.1 Explain sterilization. 6.2 State the various types of sterilization. 6.3 Explain the benefits of sterilization in the beauty salon.	Discuss sterilization, types and benefits in cosmetology.	Textbooks, Handouts, video, etc.	Carryout sterilization process employing the various techniques.	Supervise the students' carryout the practicals. Mark the students' practical work.	Sterilizing equipment.

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

COURSE: Salon Ecology

CODE: CMD 105

DURATION: HOURS/WEEK Lecture: 1 hr Practical: 3hrs

UNITS: 2

GOAL: This module is designed to acquaint the trainee with the knowledge of bacteria and its control in the salon.

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Understand the various forms of bacteria
2. Understand infection, its control and Immunity
3. Know the Forms of bacteria control in the salon.
4. Understand sanitary safety precautions in the salon.
5. Know sanitary regulations for the beauty salon.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Salon Ecology			COURSE CODE: CMD 105		CONTACT HOURS: 4	
GOAL: This module is designed to acquaint the trainee with the knowledge of bacteria and its control in the salon.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: (1) Understand the various Forms of bacteria						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-4	1.1 Define bacteria 1.2 State where they can be found e.g. (a) Earth (b) Food (c) Air (d) Water etc. 1.3 Explain the classes of bacteria 1.4 State measures of bacteria in the salon e.g. (a) Soiled linen (b) Dirty hands (c) Dirty implements (d) Dust (e) Flies, etc.	Ensure the trainee understands the various forms of bacteria, their locations and sources.	Text books Handouts Videos, etc.	Carry out the examination of the various forms of bacteria, their location and sources.	Demonstrate and ensure the trainee examines the various forms of bacteria, their location and sources.	Laboratory Test equipments.

General Objective: (2) Understand infection and immunity.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
	2.1 Define Infection 2.2 Explain the sources of infection e.g. (a) The air during respiration: Coughing	Ensure the trainee understands the meaning of infection and Immunity and the relative effect to man.	Text books Videos Handouts, etc.	Carry out examinations of the various infections and the various types of immunity and how they affect man.	Demonstrate and ensure the trainee understands and examines the various types of infections and various types of	Laboratory Test equipment, etc.

5-7	and Sneezing spread germs etc. (b) Direct contact: Kissing, hand shaking or touching an infected person. Etc.				immunity and their positive and negative effect to man.	
	2.3 Explain the categories of infection e.g. (a) Local infection, etc.					
	2.4 Explain ways of spreading infection eg. (a) Through the blood stream.					
	2.5 Define Immunity.					
	2.6 Explain the various types of immunity.					

General Objective: (3) Know the Forms of bacteria control in the Salon						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
8	3.1 Explain the various forms of bacteria control in the salon e.g. (a) Sanitation (b) Disinfection, etc. 3.2	Ensure the trainee understands the meaning of bacteria and the different type of bacteria control.	Videos, Text books, Handouts, etc.	Carry out the control of different types of bacteria in the Salon.	Demonstrate and ensure that the trainee carry out the control of different types of bacteria in the Salon.	Disinfectants, etc.
General Objective: (4) Understand the Sanitary and safety precautions for bacteria in the Salon						

9	<p>4.1 State the various sanitary and safety precautions against the growth and spread of bacteria in the Salon. E.g.</p> <p>(a) Always wash hands after using chemicals.</p> <p>(b) Keep stations, drawers, cabinets and equipments clean and neat.</p>	<p>Ensure the trainee understands the sanitary and safety precaution against the growth and spread of bacteria in the Salon.</p>	<p>Text books, Handouts, Videos, etc.</p>	<p>Carry out in different ways the sanitary and safety precautions against the growth and spread of bacteria in the Salon.</p>	<p>Demonstrate and ensure the trainee carry out in different ways the sanitary and safety precautions against the growth and spread of bacteria in the Salon.</p>	<p>Disinfectants, etc.</p>
<p>General Objective: (5) Know sanitary regulations for beauty Salons</p>						
10-12	<p>5.1 State the Sanitary regulations for beauty salons, implements, supplies, equipments and cosmetologist, e.g.</p> <p>(a) Walls, ceilings and floors must be free from dusts: they must use washable.</p> <p>(b) The working area must be well lighted and ventilated, etc.</p>	<p>Ensure the trainees understand the sanitary regulation for beauty salons.</p>	<p>Videos, Text books, Handouts, etc.</p>	<p>Carry out in practical terms the sanitary regulations for the salons.</p>	<p>Demonstrate and ensure the trainee carries out in practical terms the Sanitary regulations for the Salon.</p>	<p>Disinfectants, etc.</p>

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%.

PROGRAMME:	NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY		
COURSE:	Chemical Services		
CODE:	CMD 107		
DURATION:	HOURS/WEEK	Lecture: 1 hr	Practical: 4hrs
UNITS:	2		
GOAL:	On completion of this module, the trainee would be able to carry out permanent waving and chemical hair straightening services.		

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Know the history, sanitary and safety precautions of permanent waving/hair straightening and pre-permanent waving steps.
2. Understand cold wave chemistry/hair straightening, rod sizes, scalp and hair analysis.
3. Know perming and neutralizing techniques for various types of hair.
4. Know the procedures for the application of the hair straightening creams.
5. Understand chemical blow out, retouch and temporary hair straightening procedures.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Chemical Services			COURSE CODE: CMD 107		CONTACT HOURS: 5	
GOAL: On completion of this module, the trainee would be able to carry out permanent waving and chemical hair straightening services.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective :.(1) Know the history, sanitary and safety precautions of permanent waving/hair straightening and pre-permanent wavy steps.,						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-4	1.1 Narrate the history of permanent waving. 1.2 State the sanitary safety precautions to be observed when carrying out a permanent waving or hair straightening service. (a) Always wear gloves to protect your hand from (b) Apply protective cream around the hair home and nerve. Cover them with a strip of absorbent cotton. 1.3 Explain the pre-permanent waving steps. (a) Examine the scalp if the patron has cuts or scalp irritations, do not give her a permanent or hair straightening service.	Ensure the trainee understands the meaning of history of permanent waving, application of waving lotion and the sanitary safety precautions.	Text books, Handouts, etc.	Carry out the stipulated sanitary and safety precautions applicable to permanent waving.	Demonstrate and ensure the trainee carries out the sanitary and safety precautions applicable to permanent waving.	Salon equipments like – gloves, cream, relaxers, etc.
General Objective: (2) Understand cold wave/hair straightening chemistry, rod sizes, scalps and hair analysis.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
	2.1 Explain the chemical bonds of the hair.	Ensure the trainee understands the application of Cold	Text books Handouts, Chalk, Board,	Carry out cold wave procedure. Carry out hair analysis.	Demonstrate and ensure the trainee adequately carries out	Salon Equipments.

5-6	<p>2.2 Explain how the application of the cold wave lotion and the hair straightening cream affect these bonds.</p> <p>2.3 Explain the various rod sizes and the kind of hair they are used for.</p> <p>2.4 Explain hair density porosity, Elasticity and their relationship to permanent waving and hair straightening.</p>	<p>wave/hair straightening, Chemistry, etc.</p>	<p>etc.</p>		<p>in practical terms, cold wave, hair straightening procedure.</p>	
<p>General Objective: (3) Know perming and neutralizing techniques for various types of hair .</p>						
7	<p>3.1 Explain the various types of perming lotions and their uses.</p> <p>3.2 Explain perming procedures for normal hair, colour treated hair damaged hair, frosted hair.</p>	<p>Ensure the trainee understand the various types of perming technique, and products as well as understand the procedure for permanent body waver, the curl control wave, etc.</p>	<p>Text book, Handouts, Pictures, etc.</p>	<p>Carry out exercise on the various techniques of perming. Examine the various perming accessories and chemistry of neutralizers.</p>	<p>Demonstrate and ensures that the trainee carries out exercise on various teachings of perming. Examine the various perming accessories and Chemistry of neutralizers.</p>	<p>Salon Equipments, etc.</p>
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
	<p>3.3 Explain the procedure for:</p> <p>(a) Body wave permanent</p> <p>(b) The curl control wave.</p> <p>(c) End permanents</p> <p>(d) The piggy back double rod method.</p> <p>(e) Perm – A – curl.</p> <p>(f) Perming with a spiral wind.</p>	<p>.</p>				

8	<p>3.4 Explain the Chemistry of neutralizer and their actions on chemically straightened hair.</p> <p>3.5 Explain processing time, test curls and curl reduction as it relate to chemically treated hair.</p>					
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General Objective: (4) Know the procedure for applying hair straighteners creams.

9-10	<p>4.1 Define chemical hair straightening/Relaxation.</p> <p>4.2 List the two types of chemicals used for chemical hair straightening.</p> <p>4.3 Explain the hair type each hair straightener is best suited for.</p>	<p>Ensure the trainee understands the meaning of chemical hair straightening. List types of chemicals suitable for each hair type.</p> <p>Explain the procedure for applying ammonium thio and sodium hydroxide to the hair.</p>	<p>Text books, Chalk, Board, Hand outs.</p>	<p>Carry out chemical hair straightening. Identify types of Chemical suitable for each hair type.</p> <p>Carry out procedure for applying ammonium thio and sodium hydroxide to the hair.</p>	<p>Demonstrate and ensure the trainee carry out chemical hair straightening suitable for each hair type.</p> <p>Demonstrate the procedure for applying ammonium thio and sodium hydroxide to the hair</p>	<p>Salon Equipments, etc.</p>
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WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
11-13	<p>4.4 Explain the procedure for applying ammonium thioglycolate hair straightener.</p> <p>4.5 Explain the procedure for applying sodium hydroxide hair straighteners.</p>	.				
General Objective: (5) Understand chemical blow out, retouch and temporary hair straightening procedures.						
	5.1 Explain the procedure for chemical blow out.	Ensure the trainee understands the meaning	Text book, Handouts, etc.	Carry out chemical blow out, retouch, temporary hair	Demonstrate and ensure the trainee	Salon equipments.

<p>14-15</p>	<p>5.2 Explain the procedure for retouching new growth using hair straightening products.</p> <p>5.3 Define temporary hair straightening.</p> <p>5.4 List the implements, materials and equipments for temporary hair straightening.</p> <p>5.5 Explain the procedure for temporary hair straightening.</p>	<p>of Chemical blow out, retouch, temporary hair straightening procedure.</p>		<p>straightening procedure.</p>	<p>carries out chemical blow out, retouch, temporary hair straightening procedure.</p>	
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Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

COURSE: Tricology

CODE: CMD 109

DURATION: HOURS/WEEK Lecture: 1 hr Practical: 2hrs

UNITS: 2

GOAL: This module is designed to acquaint the trainee with an in-depth and scientific knowledge of the human hair.

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Understand Functions and Forms of hair.
2. Know the structure and chemistry of hair.
3. Understand the growth and regrowth of hair.
4. Know the physical properties of hair
5. Know hair and scalp disorders and conditions and how to correct them.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Tricology			COURSE CODE: CMD 109		CONTACT HOURS: 3	
GOAL: This module is designed to acquaint the trainee an in-depth and scientific knowledge of the human hair.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: (1) Understand the function and forms of Hair						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-4	1.1 Define tricology 1.2 Define Hair 1.3 Explain the functions of hair e.g. (a) for adornment (b) for protection 1.4 Explain the types of hair and where they are found in the body. 1.5 Define hair forms. 1.6 List the various types of hair forms. 1.7 Explain super curly, kinky, frizzy or wooly hair.	Explain and ensure the trainee understands tricology, Hair functions and forms of hair.	Boards. Chalk, Videos, etc.	Identify a hair, its structure. Draw a hair fibre.	Demonstrate how the trainee can differentiate between super curly, kinky, frizzy and wooly hair.	Live models.

General Objective: (2) Know the Structure and Chemistry of hair						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
4-6	<p>2.1 Explain hair root and hair shaft and the difference between them.</p> <p>2.2 Explain hair follicles and its function in hair</p> <p>2.3 Explain “papilla” and its function in hair growth.</p> <p>2.4 Explain the sebaceous and the sudoriferous glands and their function in hair.</p> <p>2.5 Define the arrectorpilli muscle and their effect on hair.</p> <p>2.6 Explain the various layers of hair structure e.g. (a) cuticle layer etc, (b) Define Keratin and its relationship to hair.</p> <p>2.7 Explain the relevance of protein to the hair.</p> <p>2.8 Explain the chemical composition of hair.</p> <p>2.9 Explain the physical and chemical bonds of the hair.</p>	<p>Ensure the trainee understands the structure and chemistry of hair. Also ensure trainee understands the hair follicles, etc.</p>	<p>Board, Chalk, Videos, etc.</p>	<p>Identify the structure of the hair.</p>	<p>Ensures the trainee carries out a study on the structure and chemistry of the hair.</p>	<p>Live models.</p>

WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
7	2.10 Explain the term “cystine system” as it relates to hair. 2.11 Explain the Amphoteric quality of hair	.				
General Objective: (3) Understand the growth and regrowth of hair						
8-9	3.1 Explain the process of hair growth. 3.2 List the stages of hair growth. 3.3 Explain the stages of hair growth. 3.4 Explain the rate and pattern of hair growth.	Ensure the trainee understands the process, stages, rate and pattern of hair growth.	Text books, Chalk, Board, etc.	Understudy the process, stages, rate and pattern of hair growth.	Guide trainee to understand and make study on the process, stages and pattern of hair growth.	Drawing materials
General Objective: (4) Know the physical properties of hair						
10	4.1 List the physical properties of hair e.g. (a) Texture (b) Absorption (c) Desorption (d) Adsorption 4.2 Explain the physical properties of hair.	Explain to the trainee various physical properties of the hair.	Text books, Handouts, etc.	Carry out microscopic examination of the hair.	Demonstrate and ensure the trainee carries out an in-depth study of the physical properties of the hair as listed.	Drawing materials

General Objective: (5) Know about hair and scalp disorders and conditions and how to correct them.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
11-14	5.1 Explain the various scalp disorders e.g. (a) psoriasis (b) serborrhea (c) Tinea. 5.2 Explain how they can be corrected. 5.3 Explain the various hair disorders or conditions e.g. (a) Trichoptilosis (b) Trichorrhesis Nodosa (c) Allimism 5.4 Explain how the disorders of the hair can be corrected.	Ensure the trainee understands various scalp disorders, conditions and how to correct them.	Text books, Handouts, Chalk, Board.	Observe the various scalp disorders, conditions and how to correct them.	Ensures the trainee undertakes an in-depth examination of the scalp disorders of the hair and makes research on how to correct them.	Live models.

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

COURSE: Hair and Scalp Treatment

CODE: CMD 111

DURATION: HOURS/WEEK Lecture: 1 hr Practical: 4hrs

UNITS: 2

GOAL: This module is designed to improve the trainees competency in hair care, hair and scalp treatments and scalp massage.

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

- 1.0 Understand how to care for the hair
- 2.0 Understand scalp massage/manipulation
- 3.0 Understand hair and scalp treatments.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Hair and Scalp Treatment			COURSE CODE: CMD 111		CONTACT HOURS: 5	
GOAL: This module is designed to improve the trainees competency in hair care, hair and scalp treatments and scalp massage						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: (1) Understand how to care for the hair						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-6	1.1 Explain "Hair Care" 1.2 Explain when to avoid hair and scalp treatment. 1.3 Explain the relevance of hair product knowledge. 1.4 Explain the importance of hair brushes and brushing.	Ensure the trainee understands hair care and explain various ways to care for the hair.	Text books, Handouts, Chalk, Board, etc.	Undertake the care of the hair using various ways.	Demonstrate and ensure the trainee understands the different ways to take care of the hair.	Hair Products, etc.
General Objective: (2) Understand Scalp massage/manipulations						
7-9	2.1 Define scalp manipulation 2.2 Explain the importance of scalp manipulations. 2.3 Identify the nerves of the cranium, Face and neck. 2.4 Explain the basic scalp massage movements e.g. (a) stroking (b) compression (c) friction etc.	Ensure trainee understands the importance of scalp manipulations and massage movements.	Text books, Handouts, etc.	Carry out Scalp manipulation. Carry out the various scalp massage movements.	Demonstrate to the trainee how to carry out the various scalp massage movements.	Live patrons, massage products etc.

General Objective: (3) Understand hair and scalp treatment						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
10-12	3.1 List the accessories for scalp treatments.	.Ensure the trainee understands the procedure.. List out and explain various ways to attend to hair and scalp treatments.	Textbook. Handouts, Chalk, board, etc.	Carryout the correct procedure for the application of creams and liquid to hair during scalp treatments. Apply hair conditioners and hair treatments.	Demonstrate and ensures the trainee carries out the correct procedure for the application of creams and liquid to hair during scalp treatment. Demonstrate the application of hair conditioners.	Cream; liquids Astringent, Medicated scalp lotion, Drape, Towels, Combs and trashes. etc.
	3.2 Explain the correct procedure for applying creams and liquids to hair during scalp treatments.					
	3.3 Explain hair treatments and their benefits.					
	3.4 Explain Hair Conditioners.					
	3.5 State the benefits of Hair conditioners e.g. (a) Help prevent damage to the hair.					
	3.6 State the various types of hair conditioners and the conditions they correct.					
	3.7 Explain the correct procedure for applying hair conditioners and treatments to the hair.					

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%.

PROGRAMME:	NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY		
COURSE:	Manicure and Pedicure		
CODE:	CMD 113		
DURATION:	HOURS/WEEK	Lecture: 1 hr	Practical: 3hrs
UNITS:	2		
GOAL:	This module is designed to introduce to the trainee the basic techniques and skills in Manicure and Pedicure.		

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Understand and list the abilities of a good manicurist and pedicurist and also identify the four natural nail shapes.
2. Know the proper use of implements, cosmetics and materials used for manicure and pedicure.
3. Understand the procedures for manicures and pedicures and explain advance nail techniques.
4. Know the massage techniques used for manicure and pedicure and also proper procedure and sanitary and safety precautions for manicure and pedicure.
5. Understand the various treatments in Manicure and Pedicure.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Manicure and Pedicure			COURSE CODE: CMD 113		CONTACT HOURS: 4	
GOAL: This module is designed to introduce to the trainee the basic techniques and skills in Manicure and Pedicure.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: (1) Understand and list the abilities of a good manicurist and pedicurist and also identify the four natural nail shapes.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-4	1.1 Define Manicure 1.2 Define Pedicure 1.3 Identify and list out the abilities of a good manicurist and Pedicurist. 1.4 Identify the four natural nail shapes.	Ensures the trainee understands meaning of Manicure and Pedicure and list out the abilities of a good manicurist and pedicurist as well identify four natural nail shapes.	Text books Handouts Chalk & Board.	Carries out in practical terms Manicuring and Pedicuring work and also identify the four natural nail shapes with the use of artificial nail tips or live patrons.	Demonstrates and ensure that the trainee carries out in practical term manicuring and pedicuring as well as the four natural nail shapes with the use of artificial nail tips or live patrons.	Nail tips Manicure/Pedicure equipments. Live patrons, Foot Spa Table and Lamp.
General Objective: (2) Know the proper use of implements, cosmetics, materials used for manicure and pedicure						
5	2.1 Explain the proper use of manicure and pedicure implements. 2.2 Identify the various Cosmetics and materials used for manicure and pedicure.	Ensures the trainee understands the proper use of manicure/pedicure implements and identifies the various cosmetics and materials used for manicure and pedicure.	Text books Handouts, etc.	Carries out the handling of manicure and pedicure implements and also carries out various studies on cosmetics and materials used for manicure and pedicure.	Demonstrates and ensures the trainee carries out the handling of manicure and pedicure implements and also carries out studies in various cosmetics and materials used for manicure and pedicure.	Manicure/Pedicure Implements Cosmetics and Materials for Manicure/Pedicure.

WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
General Objective: (3) Understand the procedures for Manicures and Pedicures and explain advance nail techniques.						
6-7	3.1 Identify the procedures through which manicures and pedicures are done. 3.2 Understand advance nail techniques.	Ensures that the trainee understands the procedure for manicure/pedicure and also understands advance nail techniques.	Text books, Handouts, etc.	Carry out the procedure on Manicure and Pedicure on a live patron. Understands and carries advance nail techniques.	Demonstrates and ensures the trainee carries out the procedure on Manicure and Pedicure and also carries out advance nail techniques.	Manicure and Pedicure equipments. Cuticle nippers, Nail trash, Emry board Nail file, etc.
General Objective: (4) Know the massage techniques used for manicure and pedicure and also proper procedure and sanitary and safety precautions for manicure and pedicure.						
8-9	4.1 Explain the techniques used for manicure/pedicure. 4.2 Know the proper procedure and sanitary precautions for manicure and pedicure.	Ensures the trainee understands the techniques for performing pedicure/manicure. Identify the proper procedure and sanitary precautions for manicure/ pedicure.	Textbook, Handouts, Chalks, Board, etc.	Carry out various forms of techniques in manicure/ pedicure. Carry out the various proper procedures and sanitary precautions in manicure and pedicure.	Demonstrates and ensures the trainee carries out various forms of techniques in Manicure and pedicure. Also ensures the trainee carries out various proper procedures and sanitary precautions in Manicure/Pedicure	Absorbent cotton wool, cleanser, disinfectant, sanitary towel, spatula.
General Objective: (5) Understand the various treatments in Manicure and Pedicure						
10-12	5.1 List out the various treatment in Manicure. (a) Paraffin Ware (b) Warm Oil (c) Thermal mitts, etc. 5.2 List out the various treatments in Pedicure	Ensures the trainee understands the various forms of treatments in manicure and pedicure.	Text books, Handouts, etc.	Carry out practical studies on the various treatments in both Manicure and Pedicure.	Demonstrates and ensures the trainee carries out studies on the various treatments in manicure and pedicure.	Manicure/pedicure treatments, Laboratory Test, etc.

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

COURSE: Salon Management

CODE: CMD 102

DURATION: HOURS/WEEK Lecture: 1 hr Practical: 0hrs

UNITS: 1

GOAL: This module is designed to introduce to the trainee the business principles and management as they relate to the operations of a full Salon service.

GENERAL OBJECTIVES:

On completion of this module, the trainee should be able to:

1. Understand the important principles to follow when planning and operating a Salon.
2. Understand the importance of selection of a salon location
3. Know about the physical layout of a salon
4. Understand the Insurance, business laws and health regulations in operating a salon
5. Know the importance of Customer reception.
6. Understand the needs and importance of management – operator relations.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Salon Management			COURSE CODE: CMD 102		CONTACT HOURS: 1	
GOAL: This module is designed to introduce to the trainee the business principles and management as they relate to the operations of a full Salon service.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: 1. Understand the important principles to follow when planning and operating a salon						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-4	1.1 Explain the principles of planning and establishing a beauty salon.	Ensure the trainee understands planning in the establishment of a salon.	Text books Handouts, etc.	Carryout methods of salon operations.	Demonstrate the methods of salon operations.	Building, Facilities, etc.
	1.2 Identify and itemize the principles and procedures of operating a salon.	Ensure the trainee itemizes the principles and procedures of salon operation.				
General Objective: 2. Understand the importance of selection of a salon location						
5-6	2.1 Explains and itemize the advantages and disadvantages of selecting a salon location.	Ensure the trainee understands and advantages and disadvantages of selecting a salon location.	Text books, Handouts, Chalk, board, Videos, etc.	Carry out research on the location of salons and customer patronage.	Demonstrates and ensure the trainee carries out research on the possible acquisition of a good salon locations and understudy customer patronage.	Potential salon locations.
	2.2 Identifies and outlines the various possible salon locations and the way they affect customer patronage.	Ensure the trainee identifies the various possible salon locations and customer patronage.				

General Objective: 3. Know about the physical layout of a salon						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
7-8	3.1 Explain the importance of the physical layout of a salon. 3.2 List out and analyse the flow of operation for the comfort of patrons; ie. (i) Reception (ii) Shampoo area, etc. 3.3 Identify and list out structural limitations i.e (i) Immovable walls (ii) Adequate isle space etc.	Ensure trainee understands the physical layout of a salon. Ensure trainee be able to list and analyse the flow of operation and the structural limitations of salon.	Text books, Handouts Pictures, Videos	Carryout a practical structural analysis of the various parts and section of the salon for proper comfort and easy identification by patrons.	Demonstrate and ensure the trainee understands the practical structure and demarcation of the parts and sections of the salon for easy patronage.	The Salon, Structures, etc.
General Objective: 4. Understand the Insurance, business laws and health regulations in operating a Salon						
9-10	4.1 Explain the importance of insurance in the operation of a beauty salon. 4.2 Identify, list out and analyse the various insurance policies adequate for a proper salon management. (i) Premise liability (ii) Fire (iii) Property damage etc. 4.3 Explain business law and its components as observed by a salon proprietor.	Ensure the trainee understands insurance, list and analyses various policies in salon management. Ensure the trainee also understands business law and its components and	Text books, Handouts, Videos, chalk board, etc.	Carry out practical salon health regulations.	Demonstrate and ensure trainee carries out salon health and	Salon environment, etc.

	4.4 Identify and analyse different health regulations in the management of a salon	also health regulations in salon management.			regulations.	
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General Objective: 5. Know the value and importance of Customer reception						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
11-12	5.1 Explain Customer relation and its importance	Ensure the trainee understands customer relation or reception and its importance.	Text books, Handouts Videos, etc.	Carry out the practice of attending to patrons.	Demonstrate and ensure the trainee carries out the practice of attending to patrons.	Salon, Environment, etc.
	5.2 Identify and explain the side effect of wrong customer reception in the management of a salon.	Ensure the trainee acknowledges the impact of wrong reception in the managing of a salon.				
General Objective: 6. Understand the need and importance of Management – operator relations						
13-14	6.1 Explain the relationship between the management and operators.	Ensure the trainee understands the relationship between the management and operator.	Handouts Text books Videos, etc.	Carry out the various behavioral relationships between the key stakeholders in the salon management.	Demonstrate and ensure trainee carries out the various behavioral relationships between the owner and the personnel.	Live model Salon environment.
	6.2 Outline and explain the various supervisory activities of the salon personnel to boost an effective salon management.	Ensure the trainee understands the supervisory activities and the part played by owners of Salon in encouraging operators for effective management.				
	6.3 Understand the various factors in which a salon owner can encourage the operators in order to ensure effective services in the salon.					

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%.

PROGRAMME:	NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY		
COURSE:	Anatomy and Physiology		
CODE:	CMD 104		
DURATION:	HOURS/WEEK	Lecture: 1 hr	Practical: 2hrs
UNITS:	2		
GOAL:	This module is designed to give the trainee an in-depth knowledge of the nine systems of the human body.		

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Know the structure and function of the human body.
2. Understand the systems that do not come with the province of the Cosmetologist
3. Understand how Anatomy will help improve the skills required of a Cosmetologist.
4. Know the functions of the many systems of the human body
5. Understand the effects of massage as it relates to nerves, muscles and Circulation.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Anatomy and Physiology			COURSE CODE: CMD 104		CONTACT HOURS: 3	
GOAL: This module is designed to give the trainee an in-depth knowledge of the nine systems of the human body.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: 1. Know the Structure and Function of the human body						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-4	1.1 Define Anatomy and Physiology 1.2 List the nine systems of the body. (i) The Skeletal system (ii) The muscular system (iii) The nervous system (iv) The circulatory system (v) The excretory system (vi) The Digestive system (vii) The reproductive system	Explain and make sure the trainee understands anatomy, physiology and the systems of the human body.	Chalk board visual aids Text books.	Draw the systems in 1.2 and name the various parts of each.	Ensure the trainee draws and list the body systems.	Anatomy Charts, etc.

General Objective: 2. Understand the systems that do not come within the province of the cosmetologist.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
5	2.1 Explain the systems that do not come within the province of the cosmetologist. (i) The endocrine system (ii) The reproductive system.	Ensure the trainee understands the systems.	Chalk board, Text books related science Dictionary.	Draw the diagram of a reproductive system. Draw the diagram of Endocrine system.	Ensure the trainee draws and label the systems.	Pictures. Anatomy Charts, etc.
General Objective: 3. Understand how Anatomy will help improve the skills required of a Cosmetologist						
6-7	3.1 Define bones of the head. 3.2 List and explain the bones of the head and face e.g. The head has eight bones and the face has fourteen bones. The head and facial bones are twenty-two.	Ensure the trainee knows the names of the cranial and facial bones and the ones affected by massage.	Video, text books, Pictures, etc.	List and explain the bones affected by massage and where they are located.	Demonstrate scalp and facial massage touching the bones affected by massage and ensure the trainee is able to identify the bones affected by massage.	Scalp and facial creams etc.
General Objective: 4. Know the functions of the many systems of the human body						
8-9	4.1 Define the many systems of the human body e.g. (i) circulatory system (ii) muscular system (iii) nervous system etc. 4.2 Explain the functions of these systems. 4.3 Explain where these systems are located.	Explain and ensure the trainee understands the difference between each system of the body.	Text books Video, pictures, etc.	Describe the blood vascular system and its function. List the muscles affected by massage. Describe and list the function of nerves and reflex action etc.	Ensure the trainee is concerned primarily with the muscles near the skin because they are more affected by massage.	Anatomy Charts.

General Objective: 5. Understand the effects of massage as it relates to nerves, muscles and circulation						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
10-14	5.1 Define neurology. 5.2 Define nervous tissue. 5.3 Explain four types of nerves. E.g. (i) Cerebral (ii) Spinal (iii) Sympathetic (iv) Autonomic	Inform the trainee by describing and listing where it is important for the cosmetologist to study the structure and function of the nervous system.	Video, text books, Chalk board, etc.	Explain motor points that are stimulated by pressure. Explain mechanical, chemical and physical stimulation of nerve.	Demonstrate physical nerve stimulation by use of electrical current, heat or light. Demonstrate reflex action by the use of hot iron.	Electrical current, heater or light. Hot iron.

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

COURSE: Hair Colouring

CODE: CMD 106

DURATION: HOURS/WEEK Lecture: 1 hr Practical: 4hrs

UNITS: 2

GOAL: This module is designed to introduce to the trainee the basic techniques and Skills in hair colouring.

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Understand the principles and procedure of Hair Colouring.
2. Understand the classifications of hair colouring.
3. Understand the activities of hydrogen peroxide in hair colouring and the uses of hair lighteners.
4. Understand the various safety precautions to avoid hair colouring problems.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Hair Colouring			COURSE CODE: CMD 106		CONTACT HOURS: 5	
GOAL: This module is designed to introduce to the trainee with the basic techniques and Skill in hair colouring.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective : (1) Understand the principles and procedure of hair colouring.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-4	1.1 Explain principles of Hair Colouring. 1.2 Describe the correct procedure for colouring of hair.	Ensure the trainee understands the importance and principles of hair colouring.	Textbooks, Handouts, etc.	Carry out the correct procedure of hair colouring by using Mannequins or live models.	Demonstrates and ensure that trainee carries out the correct procedure of hair colouring by using Mannequins or live patrons.	Mannequins, live models, etc.
General Objective: (2) Understand the classifications of hair colouring & explain their activity on the hair as well as their uses.						
4-5	2.1 Explain colouring. 2.2 Itemize the classifications of hair colouring. 2.3 Explain the action of hair colouring on the hair. 2.4 List the uses of hair colouring.	Ensure the trainee understands the classification of hair colouring and their action on the hair as well as their uses.	Textbooks, Handouts, etc.	Identifying the different types of hair colouring products.	Demonstrate and ensure the trainee carries out colouring and observe the chemical action on the hair. Ensure the trainee differentiate the various hair colouring product.	Mannequins and Live models.

General Objective: (3) Understand the activities of hydrogen peroxide in hair colouring and the use of lighteners.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
6-9	3.1 Explain the actions of Hydrogen peroxide in hair colouring. 3.2 Explain the uses of hair lighteners.	Ensure the trainee understands the meaning and the action of hydrogen peroxide in hair colouring, as well as the uses of hair lighteners.	Text book, Chalk, board, etc.	Carry out hair lightening demonstration using hydrogen peroxide as a product.	Demonstrate and ensure the trainee carries out hair lightening with the use of hydrogen peroxide as one of the important products used for hair colouring as well as lightening	Hydrogen peroxide bleaching powder cape Hand glove, etc.
General Objective: (4) Understand the various safety precautions to avoid hair colouring problems.						
10-13	4.1 Explain the various preventive and corrective steps used in avoiding hair colouring problems. 4.2 Explain the safety precautions to follow during hair colour procedures	Ensure the trainee understands the various preventive and corrective measures used in avoiding hair colouring problems as well as the safety precautions to be taken during hair colouring procedures.	Chalk, Board, Textbooks, etc.	Carry out the various preventive and corrective steps used in avoiding hair colouring problems. Identify the safety precautions to follow during hair colouring procedures.	Demonstrate and ensure the trainee carries out the techniques used for the various preventive and corrective steps used in avoiding hair colouring problems as well as the safety precautions to follow during hair colouring procedures.	Application brush, Tinting bowls, Shower caps etc.

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

COURSE: Make Up

CODE: CDM 108

DURATION: HOURS/WEEK Lecture: 1 hr Practical: 3hrs

UNITS: 2

GOAL: This module is designed to acquaint the trainee with the basic skill of carrying out a Make Up session.

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Understand make up and the types of cosmetics used for facial make up and their purposes.
2. Understand correct Make-up application procedures.
3. Know the different type of facial shapes and procedures for basic corrective make up.
4. Understand the application and removal of artificial eyelashes and safety measures.
5. Know the make-up techniques, contra-indications, contra-actions, after care instructions.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Make Up			COURSE CODE: CMD 108		CONTACT HOURS: 4	
GOAL: This module is designed to acquaint the trainee with the basic skill of carrying out a Make Up session						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective :.(1) Understand make-up and the types of cosmetics used for facial make up and purposes.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-4	1.1 Define make up 1.2 List the various types of cosmetics used for facial make up. 1.3 Illustrate the purposes of using such make up cosmetics.	Ensure the trainee understands the meaning of make up, be able to list various types of cosmetics used for make up and the purposes for the use of such make- ups.	Textbooks, Chalk, Board Handouts.	Identify the various make-up kits. Determine the purpose of using such make up cosmetics.	Demonstrate and ensure the trainee identifies in practical terms the various make up kits or cosmetics.	Make-up room, etc.
General Objective: (2) Understand correct make up application procedures						
5-6	2.1 Describe the procedures for correct make up. 2.2 Describe corrective make-up and its various ways of application e.g. (i) corrective make-up of the forehead. (ii) Corrective make-up of the nose. Etc.	Ensures the trainee understands the basic and various procedures through which make-ups are done correctly and also understands the difference by correct make up and corrective makeup. The different application of corrective makeup.	Text books, Handouts, etc.	Carry out in the procedures for a correct make-up. Carry out different corrective make ups. Identify the required make up kits.	Demonstrates and ensure the trainee understands and carries out in practical terms correct make up procedures with the required Kits. Carries out different corrective make ups.	Make up kits. Couch, magnifying lamp, Brushes foundation Cancealar Compact Powder, Blusher, Eye pencil Eye shadow Eye liner Lip stick Mascara Pallet Trolley Stool.

General Objective: (3) Know the different types of facial and identify different procedures for basic corrective make up						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
7-8	<p>3.1 Explain the different types of facial shapes.</p> <p>3.2 Illustrate the different procedures for basic corrective make up.</p>	Ensure the trainee understands the different types of facials and also identifies the different procedures for basic corrective make up.	Text books, Videos, Pictures, etc.	Draw different types of facial shapes.	Demonstrate and ensure that the trainee understands and draws out the different types of facial shapes and also carries out the procedure for basic corrective make-up.	Make up kits, etc.
General Objective: (4) Understand the application and removal of artificial eyelashes and safety measures.						
9-10	<p>4.1 Explain the application of eyelashes.</p> <p>4.2 Describe the procedure for the removal of eyelashes.</p> <p>4.3 List out the safety precautions to be observed in the application of make up.</p>	<p>Ensure the trainee understands the application of eyelashes, procedure for removal of eyelashes.</p> <p>Outline the safety precautions to be observed in the application of make up.</p>	Text books, Handouts Board, Chalk, etc.	<p>Carry out the application and fixing of eyelashes, procedures of removal of eyelashes.</p> <p>Observe the safety precautions in the application of make up.</p>	Demonstrate and ensures the trainee carries out the application and fixing of eyelashes, procedures of removing eyelashes and follow the directives on the safety precaution to be observed in the application of make up.	<p>Make up kits.</p> <p>Couch, magnifying lamp, Brushes foundation Cancealar Compact Powder, Blusher, Eye pencil Eye shadow Eye liner Lip stick Mascara Pallette Trolley Stool.</p>

General Objective: (5) Know make – up techniques, contra-indications, contra-actions and after care instructions						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
11-14	5.1 Explain how to consult with the Client 5.2 Explain how to plan and prepare for a make-up session. 5.3 Explain make up products and their uses. 5.4 Explain correct contouring techniques. 5.5 Explain Health and safety precautions for make-up. 5.6 Explain: (a) Contra-Indication. (b) Contra-action (c) After Care Instructions (d) Make-up Ethics (e) Professional Appearance.	Demonstration of Evening, Day Bridal special occasion make-up evening and photographic make-up. High fashion make-up. Make-up for mature skin. Correcting and containing colour. Explain make-up application for evening, day, bridal, grooming, etc.	Brushes Base Creams Concealer	Organise a make-up session. Supervision by the Teacher.	Show the effect of each make-up type. Identify Skin types and their characteristics.	Couch, magnifying lamp, Brushes foundation Cancealar Compact Powder, Blusher, Eye pencil Eye shadow Eye liner Lip stick Mascara Pallete Trolley Stool.

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%.

PROGRAMME:	NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY		
COURSE:	Hair Shaping		
CODE:	CMD 110		
DURATION:	HOURS/WEEK	Lecture: 1 hr	Practical: 2hrs
UNITS:	2		
GOAL:	This module is designed to provide the trainee with adequate knowledge and techniques for servicing men's and women's hair.		

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Understand the importance of hair shaping, barbing and roller setting and the basic equipments used.
2. Understand the Structure and shape of the head and face.
3. Know the various ways and procedures to cut the hair, as well as roller setting.
4. Understand the Sanitary and safety precautions for hair cutting, hair styling and hair care.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Hair shaping			COURSE CODE: CMD 110		CONTACT HOURS: 3	
GOAL: This module is designed to provide the trainee with adequate knowledge and techniques for servicing men and women's hair.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: (1) Understand the importance of hair shaping, barbing and roller setting and the basic equipments used						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-4	1.1 State the importance of hair shaping, barbing and roller setting. 1.2 Describe the various equipments used for hair shaping, barbing and roller setting. (a) Pairs of Scissors (b) Clippers (c) Rollers, etc.	Ensure the trainee understands the importance of hair shaping, barbing and roller setting and itemize the various equipments and explain their uses.	Board, Chalk, Text books, etc.	Identify the equipments used in hair shaping, barbing and roller setting.	Demonstrate and ensure the trainee understands and identifies hair shaping, barbing and roller setting equipments and their handling while attending to a live patron or using mannequins.	Pairs of Scissors, Clippers, Chairs, Rollers, etc.
General Objective: (2) Understand the structure and shape of the head and face						
5-6	2.1 Explain the structure of the head. 2.2 Explain the shape of human skull and face.	Ensures the trainee understands the structure of the human head as well as the shape of the skull and face.	Text books, Chalk, Board, Handouts, etc.	Carry out an examination of the structure of the head as well as the shape of the skull and face in the case of shaving. Draw the head.	Demonstrates and ensures the trainee understands the structure of the head and the shape of the skull and face in the case of shaving.	Mannequines, etc.

General Objective: (3) Know the various ways and procedures to cut the hair as well as roller setting.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
7-9	3.1 Explain the different ways and styles of hair shaping. Cutting men's hair as well as the women's hair and roller setting. 3.2 Explain different ways of tinting cut hair or rolled hair etc.	Ensure the trainee understands the various ways of hair shaping, barbing men's hair and rolling women's hair as well as shaving and hair condition.	Text books, Videos, etc.	Carry out the exercises on hair shaping, cutting and rolling and application of Chemical during hair tinting.	Demonstrate and ensure the trainee understands the exercise of hair shaping, cutting, rolling and application of chemical during hair tinting.	Pairs of Scissors, Clippers, Chairs, Mirrors, Capes, Rollers, etc.
General Objective: (4) Understand the sanitary and safety precautions for hair cutting, hair styling and hair care						
10-12	4.1 Explain the sanitary and safety precautions for (a) hairstyling (b) haircare, etc.	Ensure the trainee understands the sanitary, safety precautions in hair cutting and shaving, Rolling, etc.	Text books, Videos, etc.	Carry out the sanitary and safety precautions in Hair cutting and rolling and in the salon.	Demonstrate and ensure a trainee maintains the sanitation and safety of implements and the salon environment.	Hair shaping equipments, Barbing Equipments, Rollers and Salon Environment.

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%

PROGRAMME:	NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY		
COURSE:	Removal of Superfluous Hair		
CODE:	CMD 112		
DURATION:	HOURS/WEEK	Lecture: 1 hr	Practical: 2hrs
UNITS:	2		
GOAL:	This module is designed to equip trainees with knowledge and skills necessary for the treatment of superfluous hair.		

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Understand the concept, methods of hair removal, sanitary and safety precautions for superfluous hair.
2. Understand shaving, chemical depilatories and tweezing procedures.
3. Understand hair bleaching and waxing techniques.
4. Know electrolysis, electrocoagulation and electronic Tweezing procedures.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Removal of Superfluous Hair			COURSE CODE: CMD 112		CONTACT HOURS: 3	
GOAL: This module is designed to equip trainees with knowledge and skills necessary for the treatment of superfluous hair.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: 1. Understand the concept, methods of hair removal, sanitary and safety precautions for superfluous hair.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-5	1.1 Define superfluous hair.	Ensure trainee understands definitions of Superfluous hair. Temporary Hair removal. Permanent hair removal. Explain sanitary and safety precautions.	Chalk board, Text books, Handouts, etc.	Consistent in practice the studies of Superfluous hair and their removal temporary and permanently.	Demonstrate and ensure the trainee understands in practice the studies of superfluous hair and their temporary and permanent removal.	Live model, and hair removal equipments.
	1.2 Define temporary hair removal. Give examples.					
	1.3 Define permanent hair removal. Give examples.					
	1.4 Explain sanitary and safety precautions for superfluous hair.					
General Objective: 2. Understand shaving, chemical depilatory and Tweezing procedures						
6-8	2.1 Define hair shaving.	Ensure the trainee understands hair shaving products, chemical depilatories and procedure for use.	Chalk, board Text book, Handouts, etc.	Carry out hair shaving, chemical depilatories and tweezing etc.	Demonstrate and ensure the trainee understands hair shaving depilatories.	Shaving stick, Blades, Clippers, Cleansing gel, Powder (Talc) Antiseptic Chemical depilatories Soothing lotion
	2.2 Explain the procedure for hair shaving using blade, clipper and shaving stick.					
	2.3 Explain chemical depilatories. Give examples.	Also ensure trainee understands tweezing and guidelines for the eyebrows and chin.				
	2.4 Explain the procedure for using chemical depilatories.					
	2.5 Define Tweezing.					
	2.6 Explain the guidelines for Tweezing the eyebrow and chin.					
					Tweezers and hair mirror.	

General Objective: 3. Understand hair bleaching and waxing techniques.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
9-11	3.1 Define hair bleaching. 3.2 Describe the procedure for bleaching superfluous hair. 3.3 Define Waxing, 3.4 Explain Waxing procedures. 3.5 List the body parts that can be waxed. 3.6 Explain pre and post wax procedures.	Ensure the trainee understands hair bleaching and procedure for bleaching. Ensure trainee understand waxing, its procedure and outline body parts to be wax and procedures.	Board, chalk Text books Handouts etc.	Carry out hair bleaching and waxing.	Demonstrate and ensure trainee carries out hair bleaching and waxing.	Hair bleaches Cleansing gel Antiseptic Gloves (disposable) Hydrogen peroxide Applicator brush Wax (hot and cold) Wax pot Wax strips Brow brush Head band Spatula Wax removal strips Bed sheets Plastic boils.
General Objective: 4. Know electrolysis, electrocoagulation and Electronic Tweezing procedures.						
11-14	4.1 Define electrolysis 4.2 Explain the procedure for electrolysis 4.3 Define electrocoagulation. 4.4 Describe the procedure for electrocoagulation. 4.5 Define electronic Tweezing. 4.6 Explain the procedure for electronic Tweezing.	Ensure trainee understands electrolysis and its procedure, Electroagulation and its procedure and electronic tweezing and its procedure.	Chalk, Board Handouts, Textbooks, etc.	Carries out electrolysis, electrocoagulation and electronic tweezing.	Demonstrate and ensure the trainee carries out electrolysis, electrocoagulation and electronic tweezing.	High frequency/Electrolysis machine. Disposable Electrolysis needles. Antiseptics. Headband Tissue Gloves Galvanic machine Cleansing gel Soothing lotion Powder(Talc) Electronics Tweezers.

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%

PROGRAMME:	NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY		
COURSE:	Cosmetic Dermatology		
CODE:	CMD 114		
DURATION:	HOURS/WEEK	Lecture: 1 hr	Practical: 2hrs
UNITS:	2		
GOAL:	This module is designed to equip the trainee with the knowledge of identifying the diseases and disorders of the skin and its glands, hair and scalp and how they can be cosmetologically corrected.		

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Understand the term cosmetic dermatology of the skin and its gland, hair and scalp.
2. Understand the diseases of the skin and its glands how they can be treated cosmetologically.
3. Understand the diseases of the hair and scalp and how they can be cosmetologically treated.
4. Understand the diseases and disorders of the glands of the skin and how they can be treated or corrected cosmetologically.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Cosmetic Dermatology			COURSE CODE: CMD 114		CONTACT HOURS: 3	
GOAL: This module is designed to equip the trainees with the knowledge of identifying the diseases and disorders of the skin and its glands, hair and scalp and how they can be cosmetologically corrected						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: (1) Understand the term “cosmetic dermatology” of the skin and its glands, hair, scalp.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-4	1.1 Define dermatology 1.2 Define cosmetic dermatology. 1.3 Explain cosmetic dermatology of the skin, scalp, hair and nails.	Explain the meaning of dermatology and cosmetic dermatology and identify cosmetic dermatology of the skin, scalp, hair and its glands.	Text books, Handouts, etc.	Carry out examination of dermatology, cosmetic dermatology of the skin, scalp, hair and nails.	Demonstrate and ensure the trainee carries out the examination of dermatology and cosmetic dermatology of the skin, scalp, hair and its glands.	Laboratory equipments, etc.
General Objective: (2) Understand the disease of the skin and how they can be treated cosmetologically.						
5-8	2.1 Define skin diseases. 2.2 List classes of skin diseases. 2.3 Explain causes of skin diseases. 2.4 Define Allergy. 2.5 List types of Allergies. 2.6 Define some common terms associated with skin diseases e.g. (a) Dermatitis. (b) Dermatitis	Ensure the trainee understands the existence of various skin diseases and their cosmetological treatment.	Text books, Chalk, Board etc.	Carry out the exercises of examining the skin diseases and their cosmetological remedies or treatment.	Demonstrate and ensures the trainee carries out the examination of the various skin diseases and their cosmetological remedies or treatment.	Laboratory equipments etc.

WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
	<p>2.7 Explain luscious of the skin e.g. (a) macule (b) papule (c) themor</p> <p>2.8 Explain pigment anomalies and growths on the skin. Give examples.</p> <p>2.9 List and explain inflammatory conditions of the skin.</p> <p>2.10 Explain how lexions of the skin can be treated cosmetologically.</p> <p>2.11 Explain cosmetic treatments for inflammatory conditions of the skin.</p>	.				
General Objective: Understand the diseases of scalp and hair and how they can be cosmetologically treated.						
9-11	<p>3.1 Identify diseases and defects of the hair & scalp like: (a) Pityriasis (dandruff) (b) Hypertrichosis (c) Brittleness (d) Abnormal shedding etc.</p> <p>3.2 Explain how these diseases and disorders can be cosmetologically treated.</p>	Ensure that the trainee understands and identifies the hair and scalp diseases and their Cosmetological treatment.	Text books, Handouts, Chalk, Board, etc.	Carry out examination of the various hair and scalp diseases and how they could be dermatologically remedied or treated.	Demonstrate and ensure that the trainee carries out examinations of the hair and scalp diseases and how they could be dermatologically remedied or treated.	Laboratory tests etc.

General Objective: (4) Understand diseases of the glands of the skin and how they are treated cosmetologically						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
12-14	4.1 Identify the 2 glands of the skin. 4.2 Explain the diseases and disorders that affect them e.g. (a) Serborrhea (b) Comedones (c) Acne (d) Milia etc. 4.3 Explain the cosmetic treatments used to correct them.	Explain to the trainee about the glands of the skin and the diseases which affect them and also to itemize the disorders which affect this glands as a result of the diseases and their dematological remedies.	Chalk, Board, Videos, Pictures, etc.	Carry out the examination of the glands of the skin and the disorders caused by the diseases. Carry out examinations on the dermatological treatments.	Demonstrate and ensure the trainee examines the glands of the skin, the disorders caused by various disease of the gland of the skin and the dermatological remedies or treatment.	Lab. test

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%

PROGRAMME:	NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY		
COURSE:	Weaving, Braiding and Twisting		
CODE:	CMD 116		
DURATION:	HOURS/WEEK	Lecture: 1 hr	Practical: 5hrs
UNITS:	3		
GOAL:	This module is designed to introduce the trainee to the basic techniques and skills in fixing of weavon, braiding and weaving.		
GENERAL OBJECTIVES:			

On completion of this module the trainee should be able to:

1. Know Hairstyling, weavon fixing, braiding and weaving
2. Know the basic elements in fixing of weavon, braiding and weaving.
3. Understand the procedures and the proper use and care of implements used for fixing of weavon, braiding and weaving.
4. Know the characteristics of a client's appearance before a hair styling services.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Weaving, Braiding and Twisting			COURSE CODE: CMD 116		CONTACT HOURS: 6	
GOAL: This module is designed to introduce the trainee to the basic techniques and skills in fixing of weavon, braiding and weaving.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: (1) Know Hairstyling, weavon fixing, braiding and weaving						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-5	1.1 Explain Hairstyling	Ensures the trainee understands the definition of Hairstyling, Weavon fixing, braiding and weaving.	Textbook, Chalk, Board Handouts, etc.	Carries out hairstyling, weavon fixing, braiding and weaving using mannequins or live patrons.	Demonstrate and ensures the trainee understands and carries out practicals of the different definitions using mannequins or live patrons.	Mannequins or live patrons.
	1.2 Describe the processes involved in hairstyling.					
	1.3 Explain Weavon fixing.					
	1.4 Describe the method of weavon fixing					
	1.5 Explain Braiding					
	1.6 Explain Weaving					
General Objective: (2) Know the basic elements in fixing of weavons, braiding and weaving						
6-7	2.1 List the basic elements in fixing of weavons.	Ensures the trainee understands the basic elements in fixing of weavons, braiding and weaving.	Chalk, Board Textbooks, Handouts, etc.	Examine elements of weavon fixing, braiding and weaving with mannequins or live patrons.	Demonstrate and ensures the trainee understands and carries out indept examination of the elements of weavon fixing, braiding and weaving in practical terms.	Mannequins or live patrons.
	2.2 List the basic elements of braiding					
	2.3 List the basic elements of weaving.					

General Objective: (3) Understand the procedures and the proper use and care of implements used for fixing of weavon, braiding and weaving.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
8-10	3.1 List the procedures and proper use and care of implements used for fixing of weavon. 3.2 List the procedures and proper use and care of implements for braiding. 3.3 List the procedures and proper use and care of implements used for weaving.	Ensure the trainee understands the different procedures, proper use and care of implements used for fixing of weavon, braiding and weaving.	Chalk, board, Text books, etc.	Carry out in practical terms examinations and listing of procedures use and care of the implements used for fixing of weavon, braiding and weaving respectively. (i) Identify the implements used for fixing of weavon. (ii) Identify the implements for braiding. (iii) Identify the implements for weaving. (iv) Take care of the implements used for fixing weavon, braiding and weaving.	Demonstrate and ensure the trainee carries out in practical terms examinations and listing of procedures use and care of the implements used for weavon fixing, braiding and weaving respectively.	Respective Salon tools like, Needle, Combs, Thread, Tongs, Creams, Hair Sprays, mouse, Attachments, etc.
General Objective: (4) Know the characteristics of a client's appearance before hair styling service						
11-13	4.1 List out the different structures of various faces and skulls. E.g. (i) Square face (ii) Small skull	Ensures the trainee understands the various facial structures and skulls of clients before hair styling services are performed.	Chalk, board Textbooks, etc.	Differentiate the different facial structures and skills of various mannequins and live client.	Demonstrate and ensure the trainee understands and carries out in practical terms the different facial structures and skulls using either mannequins or human skulls.	Various mannequins and live patrons.etc.

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%

PROGRAMME:	NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY		
COURSE:	Body Treatment		
CODE:	CMD 201		
DURATION:	HOURS/WEEK	Lecture: 1 hr	Practical: 4hrs
UNITS:	3		
GOAL:	This module is designed to acquaint the trainee with the basic skills of carrying out Sauna, Steam Flotation, hydrotherapy and body wrap.		

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Know different types of SPA Body treatments and their contra-indication.
2. Know the principle of Sauna bath
3. Understand how to carryout steam bath
4. Understand the importance and benefits of flotation

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Introduction to Body Treatment			COURSE CODE: CMD 201		CONTACT HOURS:5	
GOAL: This module is designed to introduce the Trainee to the Basic and Types of SPA Treatments.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: (1) Know different types of SPA Body treatment and their contra-indication.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-4	1.1 Define Body SPA treatment. 1.2 List different types of SPA Body treatments. 1.3 Identify Contra-Indications and effect of the treatments.	<ul style="list-style-type: none"> Show the Pictures of some of the treatments. Explain the function of each. 	<ul style="list-style-type: none"> Chalkboard Textbooks, etc.. 	Organise and carry out a treatment plan. Supervision by the Teacher.	Show the basic methods of the SPA Treatment.	Jaccuzi Pools Sauna Room Steam Room Flotation Capsule or Tank.

General Objective: (2) Know the principle of Sauna bath						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
5-7	2.1 Explain work areas for water, Temperature and Spa treatment. 2.2 State how to Clean, maintain and monitor the Spa environment. 2.3 Explain the sequence of the Shutdown of treatment area. 2.4 State: (a) Contra-Indication (b) Contra-action (c) After Care	Show pictures of a SAUNA ROOM. Explain the function of the Sauna Room.	<ul style="list-style-type: none"> Chalkboard Textbooks, etc.. 	Organise a Sauna bath treatment, Demonstrate by the students, Supervision by the teacher.	Show the use of Sauna	<ul style="list-style-type: none"> Sauna Heater Coal Thermometer Essential Oils

	(d) Ethics (e) Professional appearance With respect to Sauna bath.					
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General Objective: (3) Understand how to carryout steam bath						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
8-10	3.1 Prepare work areas for water, temperature and Spa treatment. 3.2 Clean, maintain and monitor. Water the environment. 3.3 Assist with monitory water, temperature, and Spa environment. 3.4 Shutdown of Steam areas. (a) Ensure your own actions reduce risks to health and safety. (b) Promote additional products or service to clients. (c) Develop and maintain your effectiveness at work. 3.5 Contra-Indication 3.6 Contra-action	Show the picture of a Steam Room Explain how the Steam works.	<ul style="list-style-type: none"> • Chalkboard, • Textbooks, etc. 	Organise a Steam bath treatment. Demonstrate by Students. Supervision by the Teacher.	Demonstration of how Steam room works. And the effect after the treatment.	<ul style="list-style-type: none"> • Cubicle • Small Tank • Essential Oil.

3.7 After Care					
3.8 Ethics					
3.9 Professional appearance					

General Objective: (4) Understand the Importance and benefits of Flotation						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
11-14	4.1 Prepare work areas for water, temperature and treatments. 4.2 Clean, maintain and monitoring the Spa environment. 4.3 Assist with the monitoring water, temperature and Spa treatments. 4.4 Assist with the Shutdown of treatment areas. 4.5 Minimizing the risk to health and safety. 4.6 Promote product or services to the client. 4.7 Develop and maintain effectiveness to work. 4.8 Contra-Indication 4.9 Contra-action 4.10 After Care	Show pictures of the types of Spa water treatments. - Sauna - Steam - Flotation - Body Wrapping - Hydrotherapy	- Chalkboard - Textbooks, etc.	Carry out Spa treatments like, - Dry heated Air - Water heated air - Water therapy i.e. hydrotherapy - Flotation.	Guiding the trainees in the execution of the water and heat Spa treatments.	- Water - Jacuzzi - Flotation Capsule - Small water Tank - Sauna heater - Coals - Essential oil.

4.11 Ethics						
4.12 Professional appearance						

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

COURSE: Nail Technology

CODE: CMD 203

DURATION: HOURS/WEEK Lecture: 1 hr Practical: 4hrs

UNITS: 3

GOAL: This module is designed to equip the trainee with the knowledge and skills in the Nail Technology.

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Understand the Supplies needed for nail tips and what they are used for.
2. Know the two types of nail tips.
3. Know the proper procedure and precaution to use in applying nail tips.
4. Understand the proper maintenance of tips
5. Know the proper removal of tips.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Nail Technology			COURSE CODE: CMD 203		CONTACT HOURS: 5	
GOAL: This module is designed to equip the trainee with knowledge and skills in the Nail Technology.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: (1) Understand the supplies needed for nail tips and what they are used for.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-5	1.1 Identify the supplies for nail tips. 1.2 Explain what adhesives are. 1.3 Know what a Buffer block is. 1.4 Know nail tips and nail adhesive.	Explain nail tips and the different supplies used for caring for nails.	Textbooks, Handouts, video, etc.	Demonstrate how to apply adhesive to the nails. Demonstrate the procedure for fixing the nail tips.	-Supervise trainee's practicals. -Mark the trainee's practical works.	Bowls. Orange wood Slack Cotton Balls Acetone liquid Buffer Nail Conditioners Polish remover.
General Objective: (2) Know the two types of nail tips.						
6-8	2.1 Define Nail wraps 2.2 Define Acrylic nails. Know fabric nails. 2.3 Explain gel nails. 2.4 Explain liquid nail wraps.	Discuss the various artificial nails and how to care for them.	Textbooks, Handouts, video, etc.	Demonstrate how to apply these nails practically on clients fingers.	-Supervise trainee's practicals. -Mark the trainee's practical works.	Nail antiseptics Chem. Brush Nail polish Nail Creams Acrylic Beads Cuticle oil Primers

General Objective: (3) Know the proper procedure and precaution to use the applying nail tips.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
8-9	3.1 Know how to remove old polish. 3.2 Explain how to clean the nails. 3.3 Know how to push back cuticle. 3.4 Explain how to Buff nails. 3.5 Explain how to apply the tips.	Explain techniques of applying/ removing nail tips	Nail antiseptics Chem. Brush Nail polish Nail Creams Acrylic Beads Cuticle oil Primers	Demonstrate procedures practically how to apply nail tips.	-Supervise trainee's practicals. -Mark the trainee's practical works.	Nail antiseptics Chem. Brush Nail polish Nail Creams Acrylic Beads Cuticle oil Primers
General Objective: (4) Understand the Proper Maintenance of Tips						
10	4.1 Explain rebalancing. 4.2 Define Crack repair.	Explain the meanings of rebalancing and crack repair.	Textbooks, Handouts, video, etc.	Demonstrate how to rebalance the acrylic nails. Show how to repair cracks in the acrylic nails.	-Supervise trainee's practicals. -Mark the trainee's practical works.	
General Objective: (5) Know the proper removal of tips.						
11-14	5.1 Define acetone 5.2 Understand how to soak the nails in acetone. 5.3 Understand how to remove with Orange wood stick. 5.4 Know how to condition the nail for removal of acrylics.	Discuss the modes and stages of removing tips.	Textbooks, Handouts, video, etc.	Demonstrate how to soak the fingers in acetone liquid to remove acrylics.	-Supervise trainee's practicals. -Mark the trainee's practical works.	acetone Cotton balls Orange wood Stick Polish removal Primer Powder Table Chairs.

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

COURSE: **Facials**

CODE: **CMD 205**

DURATION: **HOURS/WEEK Lecture: 1 hr Practical: 4hrs**

UNITS: **3**

GOAL: This module is designed to acquaint the trainee with the knowledge of facial treatment.

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Understand Facial and Client Consultation
2. Know how to prepare for the treatment.
3. Understand treatment plan.
5. Know how to maintain Skin Condition.
6. Know the aftercare and advice.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Facials			COURSE CODE: CMD 205		CONTACT HOURS: 5	
GOAL: This module is designed to acquaint the trainee with the basic skill of carrying out a facial treatment.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: (1) Know how to carry out a Facial treatment						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-5	1.1 Define Facial 1.2 Understand appointment 1.3 Understand Consultation 1.4 Know skin types. 1.5 Know age and sex.	Explain facial and facial skin types.	<ul style="list-style-type: none"> - Pictures, - Textbooks, - Chalk board. 	Organise and carry out facial Consultation. Identify and carry out practical studies on the facial skin types.	Demonstrate and ensure trainee carries out the various methods of consultation.	<ul style="list-style-type: none"> - Pictures, - Moglamp. - Cleanser - Cotton pad - Record card.
General Objective: (2) Know how to prepare for the treatment						
6-8	2.1 Prepare the work environment 2.2 Ensure all equipment, products are prepared in the treatment area. 2.3 Ensure all details are recorded accurately. 2.4 Position client on the Couch, fasten headband, Wash hands. 2.5 Carry out skin analysis.	Explain the uses of each products and equipments.	<ul style="list-style-type: none"> - Pictures - Chalk board - Textbooks 	Organise a treatment area	Demonstrate a treatment room or area. Show each product and equipment. Supervision by the Teacher.	<ul style="list-style-type: none"> - Couch - Headband - Cleanser - Moglamp - Trolley - Cotton pad - Waste bin

General Objective: 3. Understand treatment plan						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
9-10	3.1 Advise Client on Facial treatment after skin analysis. 3.2 Explain duration and relevant after care requirements 3.3 Welcome any question to ensure client understands. 3.4 Understand how to prepare the client to meet the agreed treatment plan.	Explain skin analysis, duration and aftercare product.	Text book Chalk board, and Pictures.	Organise Skin analysis plan.	Demonstrate skin analysis.	Couch, Towels, Head band Cleanser Cotton Pad Waste bin.
General Objective: 4. Know how to maintain skin condition						
11-12	4.1 Understand hand sanitizing during treatment. 4.2 Explain how to use products according to manufacturer's guidelines. 4.3 Know how to remove dead skin cells. 4.4 Know how to perform Extraction of Sebaceous Blockage.	Explain the treatment procedures, health and safety, treatment sequence and treatment duration.	Text books, Pictures	Organise a maintenance of skin condition	Demonstrate or Carry out skin condition maintenance.	Couch Towel Head bank Waste bin.

WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
13	4.5 Understand selection of massage medium					
	4.6 Know how to apply toning, cleansing, moisturising, refreshing, etc.					
	4.7 Explain the allow time of 60 minutes.					
	4.8 Know how to record details.					
General Objective: 5. Know the aftercare and advise						
14-15	5.1 Advice client how to maintain and improve facial skin care. 5.2 Explain daily cleansing, toning, exfoliating, mosturising and using mask weekly. 5.3 Know monthly facial treatment. 5.4 Know how to constantly record a client's treatments.	Explain the use of after care product.	Products Pictures	Organise and advice after care instruction to the trainees.	Ensure the trainee carries out Demonstration and on advice and after care products. Demonstrate and ensure trainee carries out advice on after care products.	Products Pictures Couch Towels.

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

COURSE: Body Massage

CODE: CMD 207

DURATION: HOURS/WEEK Lecture: 0 hr Practical: 2hrs

UNITS:

GOAL: This module is designed to acquaint the trainee with the basic techniques for Body Massage.

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Understand Consultation
2. Know massage and the system of the body
3. Understand massage Techniques
4. Know the massage routine
5. Know the adaptations to the massage routine.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Body Massage			COURSE CODE: CMD 207		CONTACT HOURS:	
GOAL: This module is designed to provide the trainee with the knowledge of Body Massage.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: (1) Know Massage Techniques						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-5	1.1 Define Body Massage	Define body massage, discuss the importance of clients record cards and consultation.	Text books Chalk board Diagrams and Pictures.	Identify the Contra-actions.	Demonstrate Consultation, show record card.	Pictures, Diagrams Text books.
	1.2 Recognise the importance of Client consultation.					
	1.3 List the component of a client consultation.					
	1.4 Understand the need for a comprehensive client record card.					
	1.5 Describe Contra-Indication to body massage.					
	1.6 Understand Conditions requiring special care.					
	1.7 Recognise conditions requiring medical referrals.					

General Objective: 2. Know massage and the system of the body						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
6-8	2.1 Describe main features of the body system relevant to body massage. 2.2 Describe the main functions of these systems. 2.3 Describe main effects of massage on body systems. 2.4 Describe the effects of stress on the body. 2.5 Understand the effect of massage to the management of stress. - relate any contra-indication of massage to these systems and their structure and function.	Define and explain the main feature and functions of the system of the body.	Diagrams, Pictures and Text books.	Show Diagrams.	Demonstrate the effect of massage on the stressed body. Describe the Contra-Indication of massage to these systems and their structure and function by the trainees and supervised by the Teacher.	Diagrams, Pictures, Chalk board and Text books.
General Objective: 3. Understand Massage technique						
9-10	3.1 Understand suitable hand exercises for improving flexibility and strength 3.1 Understand correct standing posture. Explain the importance of continuity, rhythm and depth. 3.3 Understand and react to client feedback. - Describe the five major massage categories. - Describe the uses, point of care and contra-indications specific to each category.	Explain the five categories of massage, describe this correct posture.	Pictures, Textbooks, Chalkboard.	Carry out the correct standing posture. Carry out the rhythm and dept of massage.	Demonstrate the correct posture. Demonstrate the five categories of massage.	Pictures, Text books.

General Objective: 4. Massage routine						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
11-12	4.1 Understand how to prepare a client for a full body massage. 4.2 Know how to perform a full body massage with suitable range of massage. 4.3 Understand how to determine the timing of full body massage. 4.4 Understand how to determine the timing of a particular area. 4.5 Understand and appreciate the importance of client feedback.	Discuss a full body massage. Explain the adapt timing of a full body massage	Chalk board, Text books, and Pictures.	Carry out full body massage procedure.	Demonstrate full body massage. Demonstrate suitable strokes by the trainee and supervise by Teacher.	Couch Towels Oils Couch rolls Hand wash.
General Objective: 5. Know the adaptations to the massage routine						
13-14	5.1 Understand massage routine for an area of the body. 5.2 Understand massage strokes that suit thin, fat, male, female, young/old fit and unfit patrens. 5.3 Understand massage techniques for a pregnant woman, a child, the disabled, for a slimming programme. 5.4 Understand the principles of lymphatic drainage and massage techniques for clients involved in sporting activities.	Explain massage adaptation. Define different types of body massage.	Pictures, Text books.	Carry out a plan of different types of massage to different types of people.	Demonstrate different massage adaptations and supervise by the Teacher.	Couch, Massage oil Towels Hand Wash Couch rolls.

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

COURSE: Nail Product Chemistry

CODE: CMD 202

DURATION: HOURS/WEEK Lecture: 1 hr Practical: 2hrs

UNITS: 2

GOAL: This module is intended to help the trainee understand the basic chemistry of nail products used in the Salon.

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Understand the basic chemistry of Salon products.
2. Understand adhesion and how adhesives work.
3. Know the two main categories of nail coating

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Nail Product Chemistry			COURSE CODE: CMD 202		CONTACT HOURS: 3	
GOAL: This module is intended to help the trainee understand the basic chemistry of nail products used in the Salon						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective:. Understand the Basic Chemistry in Salon Products.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-6	1.1 Explain Matter and Energy 1.2 Define molecules and Element. 1.3 Understand forms of matter 1.4 Explain chemical reaction 1.5 Understand the Catalyst 1.6 Define solvents and solutes.	Explain the meaning of molecules, element, matter, chemical reaction and other relevant chemical terms. Give assignments.	Chalk board, Textbooks, etc.	Perform different chemical experiments using; solutes, solvents, catalyst and other chemicals.	Guide the Trainee in carrying out the basic massage sequence	Solvents, solutes, beakers, test tubes etc.
General Objective: (2) Understand adhesion and how adhesives work.						
7-9	2.1 Define Adhesives 2.2 Define Primers 2.3 Understand the uses of adhesives. 2.4 Know the uses of primers. 2.5 Understand the different chemicals and the ways they work.	Explain adhesives and demonstrate how they are used	Chalkboard Textbooks, etc.	Carryout experiments using adhesives, primer and other chemicals	Demonstrate how to apply adhesives and primer to different parts media. Supervise trainee in carrying out the practicals. Mark the students' practical exercises.	Solvents, solutes, beakers, test tubes etc.

General Objective: (3) Know the two main categories of Nail Coating						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
10-14	3.1 Define monomers and polymers. 3.2 Understand the evaporation coatings. 3.3 Define light and heat energy. 3.4 Understand chemical and physical reaction of finger nail coatings.	Give definitions of monomers, polymers, evaporation, etc. Explain chemical processes: such as evaporation, coatings, etc.	Chalk board Textbooks, etc.	Carryout nail coating activities.	Demonstrate how to coat nails using different media.	Nail coating, medial and equipments.

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

COURSE: Safety in the Salon

CODE: CMD 204

DURATION: HOURS/WEEK Lecture: 1 hr Practical: 2hrs

UNITS: 3

GOAL: This module is intended to impart in the trainee the knowledge and skill of Safety in the Salon

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Understand and identify the early warning signs of over exposure
2. Read and use Material Safety Data Sheets (MSDS)
3. Know how to achieve proper ventilation in the Salon.
4. Avoid the risk of over exposure to vapors and dust.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Safety in the Salon			COURSE CODE: CMD 204		CONTACT HOURS: 3	
GOAL: This module is intended to impact in the trainee the knowledge and skill of Safety in the Salon						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: (1) Understand and Identify the early warning signs of over exposure						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-8	1.1 Identify the chemicals presenting physical or chemical hazards.	Explain basic safety procedures.	Chalk board Textbooks, Charts Safety posters	Carryout safety activities.	Guide the Trainee in carrying out the basic safety activities. Supervise and grade the exercises.	Safety equipment. E.g. fire extinguishers, first aid boxes, hand gloves, etc..
	1.2 Explain physical hazards.					
	1.3 Define Health hazards					
	1.4 Understand precautions and protection measures.					
General Objective: 2. Know how to achieve proper Ventilation in the Salon						
9-13	2.1 Explain Local Exhaust	Explain how to achieve proper ventilation in the salon.	Chalk board Textbooks, Charts Safety posters etc	Demonstrate how to achieve proper ventilation in the salon.	Guide the Trainee in carrying out the basic safety activities. Supervise and grade the exercises.	Safety equipment. E.g. fire extinguishers, first aid boxes, hand gloves, etc..
	2.2 Understand the prevention of over-exposure to dust.					
	2.3 Know the harmful chemicals that should not be inhaled.					
	2.4 Explain the importance of x-ventilation.					

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%

PROGRAMME:	NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY		
COURSE:	Professional Conduct		
CODE:	CMD 206		
DURATION:	HOURS/WEEK	Lecture: 1 hr	Practical: 1hrs
UNITS:	2		
GOAL:	This module is intended to impact on the trainee the knowledge, skill and fundamental professional conduct towards the client.		

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Know Salon Conduct.
2. Know professional ethics.
3. Know the type of appearance you should have towards your client.
4. Know the professional ethics towards employees and co-workers.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Professional Conduct			COURSE CODE: CMD 206		CONTACT HOURS: 2	
GOAL: This module is intended to impact on the trainee the knowledge, skill and fundamental professional conduct towards the client.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: (1) Define Salon Conduct.						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-5	1.1 Explain Time	Discuss proper conducts in the salon.	Chalk board, Textbooks, Charts, Safety posters, etc.	-	-	-
	1.2 Know how to prepare					
	1.3 Know how to plan your day					
	1.4 Know arrangement of appointments.					
	1.5 Understand how to be courteous.					
	1.6 Define Communication.					
General Objective: (2) Know Professional Ethics						
6-8	2.1 Define services.	Give definitions of terms related to professional ethics.	Chalk board, Textbooks, Journals, Charts, Safety posters, etc.	-	-	-
	2.2 Define obligation					
	2.3 Explain how to treat client equally.					
	2.4 State sanitization rules.					
	2.5 Explain Loyalty					
	2.6 Do not criticize clients					

General Objective: (3) Know your Appearance towards Clients						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
9-10	3.1 Define Cleanliness 3.2 Explain personal hygiene.	Give definitions of terms related to professional ethics.	Chalkboard Textbooks, Journals, Charts, Safety posters, etc.	-	-	-
General Objective: (4) Know the Professional Ethics towards Employees and Co-workers.						
11-14	4.1 Define honesty 4.2 Explain your obligation towards others. 4.3 Know how to respect others talents. 4.4 Define Criticism. 4.5 Define Gossip and how to avoid it.	Discuss the obligations of a salon operator towards a client and co-workers.	Chalkboard Textbooks, Journals, Charts, Safety posters, etc.	Attend to a client from the time he/she enters the salon to the time he live. Demonstrate how to relate with a client in the salon.	Monitor the trainee attend to clients in the salon. Monitor the trainee interact with co-workers in the salon. Grade the trainee performance.	Salon with its basic sections.

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY

COURSE: Chemistry of Cosmetic Product

CODE: CMD 208

DURATION: HOURS/WEEK Lecture: 1 hr Practical: 2hrs

UNITS: 2

GOAL: This module is designed to provide the Trainee with the necessary basic knowledge of cosmetic chemistry.

GENERAL OBJECTIVES:

On completion of this module the trainee should be able to:

1. Understand hair Cosmetics
2. Understand the factors that influence the selection of Hair Cosmetic
3. Understand cosmetic for the skin
4. Understand cosmetic for the hand.

PROGRAMME: NATIONAL INNOVATION DIPLOMA IN COSMETOLOGY						
COURSE: Chemistry of Cosmetic Product			COURSE CODE: CMD 208		CONTACT HOURS: 3	
GOAL: This module is designed to provide the Trainee with the necessary basic knowledge of cosmetic chemistry.						
COURSE SPECIFICATION: Theoretical Contents:				Practical Contents:		
General Objective: 1. Understand Hair Cosmetics						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
3-4	1.1 Define Cosmetic for hair 1.2 List different types of hair cosmetics e.g. Hair Cream Hair spray Hair lightener/colors Hair relaxers Shampoo, etc.	Ensure the trainee understands the definition of cosmetics for hair. Ensure the trainee understands the difference between each cosmetic for hair.	Text books, Chalk board Pictures etc.	Present different types of hair cosmetics to the trainee.	Demonstrate how to know the difference between each hair cosmetic.	Hair creams, Hair spray, Hair relaxers etc.
General Objective: 2. Understand the factors that influence the selection of hair Cosmetic						
5-7	2.1 Explain various hair cosmetic and what influences their selection e.g. Shampoos Relaxers Scalp Cream, etc. 2.2 Explain hard and soft water. 2.3 State the differences between hard and soft water and how they influence cosmetic selection.	Discuss Shampoo Relaxer – sodium hydroxide and Ammonium thio. Discuss hard and soft water.	Text books Chalk board.	Analyse water and explain how it influences the selection of hair products. Examine relaxers and explain how hair texture determine its selection.	Demonstrate and ensure the trainee understands the characteristics of hard and soft water.	Shampoo Water Relaxers.

General Objective: 3. Understand Cosmetic of the Skin						
WEEK	Specific Learning Objective	Teachers Activities	Learning Resources	Specific Learning Objective	Teachers Activities	Learning Resources
8-10	<p>3.1 Define Cosmetic of the skin e.g. creams, lotions, powders e.t.c. used for personal hygiene.</p> <p>3.2 List Cosmetics of the skin e.g. Foundation, Face powder, lip stick, eye-shadow etc. used externally to alter or improve the appearance of the skin as well as the individual.</p>	<p>Ensure the trainee understands the effect of a good cream, lotion, powder etc. on the skin.</p> <p>Ensure the trainee understand the forms function of Cosmetics e.g. Foundation.</p>	<p>Text book Chalk board</p>	<p>Examine the physical form of the Cosmetics</p>	<p>Demonstrate and ensure the trainee understands how to examine the physical forms of cosmetics.</p>	<p>Face powder, foundation powders, rouges, eye shadow etc.</p> <p>chalk board.</p>
General Objective: 4. Understand Cosmetic for the hands						
11-14	<p>4.1 Define Cosmetics of the hands e.g. manicure preparations, Nail enamels, Nail enamel remover Hand creams and lotion etc. Used to cleanse, alter or Improve the appearance of The hands.</p> <p>4.2 Identify the differences between the various hard cosmetics.</p> <p>4.3 State the advantages and disadvantages of each type of hard Cosmetics.</p>	<p>Explain hard cosmetics to trainees.</p>	<p>Chalk board Text book</p>	<p>Examine the component that makes the difference in each Cosmetic.</p>	<p>Demonstrate and ensure the trainee examines the components of each Cosmetic.</p>	<p>Text book Note book Chalk board Cosmetics e.g. hand lotion or cream etc.</p>

Assessment: Course work – 10%; Test – 10%; Practical – 40%; Examination – 40%.

**MINIMUM FACILITIES REQUIRED FOR NATIONAL VOCATIONAL
CERTIFICATE IN COSMETOLOGY AND BEAUTY THERAPY**

1. BARBING SECTION

S/No	Description	Quantity
1	Clippers	6
2	Barbing Chairs	6
3	Barbing Capes	12
4	Towel Warmer	2
5	Dryers (Hand)	4
6	Neck Strip	Consumables
7	Powder	”
8	Combs	”
9	Hair Creams	”
10	Sporting Waves Relaxer	”
11	Sporting Waves Cream	”
12	Face brushes	”
13	Hair brushes	”
14	Mirrors – wall to wall	”
15	Towels	”
16	Shampoos	”
17	Aprons	”
18	Dreadlock Wave	”
19	Hand gloves (disposable)	”
20	Conditioners	”

2. BRAIDING SECTION

S/No	Description	Quantity
1	Hand Dryers	6
2	Pots	2 (Assorted)
3	Electric Kettles	4
4	Styling gel	Consumables
5	Mousse	”
6	Oil Sheen	”
7	Spritz	”
8	Attachments	”
9	Mirrors – wall to wall	”
10	Chairs	”
11	Stools	”
12	Towels	”
13	Tongs & Tonging	”
14	Hair Cream	”
15	Combs (Different types)	”
16	Aprons	”
17	Rollers for Braids	”
18	Pairs of Scissors	”
19	Razor blades	”
20	Vaseline	”

3. FIXING SECTION

S/No	Description	Quantity
1	Electric straighteners	12
2	Weavon/Extensions	Consumables
3	Attachments	”
4	Mirrors – wall to wall	”
5	Combs	”
6	Needles	”
7	Threads	”
8	Hair Cream	”
9	Pairs of Scissors	”
10	Bonding glue	”
11	Razor Blades	”
12	Tongs and Tonging Pots	”
13	Chairs	”
14	Weavon Brush	”
15	Towels	”
16	Oil sheen Spray	”
17	Holding Spray	”

4. WASH & SET SECTION

S/No	Description	Quantity
1	Dryers (Standing)	6
2	Steamers	3
3	Relaxers	Consumables
4	Hair Cream	”
5	Chairs	”
6	Towels	”
7	Combs (Different types)	”
8	Mirror	”
9	Hand Dryers	”
10	Hair bleaches	”
11	Hair colours	”
12	Hair Dye	”
13	Shampoos	”
14	Conditioners	”
15	Neutralizers	”
16	Shampoo Capes	”
17	Aprons	”
18	Scissors	”
19	Razors	”
20	Flat Tong (Straighteners)	”
21	Disposable Shower Caps	”
22	Disposable hand gloves	”
23	Vaseline	”

4. RECLINING SECTION

S/No	Description	Quantity
1	Recycling Chair	4
2	Stools	4
3	Sound Set (Play soft/low)	1
4	Tea Pot, Tea Cups, Ginger and honey (Tea – hot or cold)	Consumables
5	Napkin Tissues	”
6	Waste bins	”

5. SPA SECTION

S/No	Description	Quantity
1	Sauna room	1
2	Steam room	1
3	Pool	1
4	Foot Spa	2
5	Floation Capsule	1
6	Hydrotherapy bath	1
7	Couch	2
8	Trolley	2
9	Therapy Stool	2
10	Magnifying Lamp	2
11	Steamer (facial)	2
12	Thermal booties	2
13	Thermal Mitts	1
14	Hot Cabinet	1
15	Sterilisation tray/jar	4

16	Facial brushes	12 (Assorted)
17	Make-up Brushes	12 (Set
18	Pedicure Chairs	2
19	Manicure tables	2
20	Manicure lamp	2
21	Tweezers	12
22	Ultra-Violet Cabinet	1
23	An auto clave	1
24	Waxing pot	2
25	Cotton Wool	6
26	Waste bin	Consumables
27	Bowls	”
28	Spatula/wooden or plastic	”
29	Paraffin wax	”
30	Massage oil	”
31	Essential oils	”
32	Facial towels	”
33	Body towels	”
34	Towel Cabinet	”
35	Extractors	”
36	Spray disinfectant	”
37	Hot Spone	“
38	Essential Oil	“
39	Carrier oil	“
40	Waxing Strips	“
41	Sugar Strips	“
42	Pre-wax Lotion	“
43	After-wax oil	“
44	Nippers	“
45	Nail Trimmers	“
46	Foot Scrubs	“

47	Body Scrubs	“
48	Assorted false nails	“
49	Nail adhesives	“
50	Nail designs	“
51	Bed linens	“
52	Dressing robes	“
53	Head bands	“

REFERENCE MATERIALS

1. COSMETOLOGY & BEAUTY THERAPY
THE FOUNDATION
4TH EDITION
BEAUTY THERAPY
LEVEL 2
CITY & GUILD
BY HABIA
2. COSMETOLOGY & BEAUTY THERAPY
THE FOUNDATION
4TH EDITION
HAIR DRESSING
LEVEL 2
CITY & GUILD
BY HABIA
3. MASSAGE AND AROMATHERAPY
A PRACTICAL APPROACH
SECOND EDITION
BY LYN GOLDBERG
4. MILADY'S STANDARD TEXT BOOK OF COSMETOLOGY (REVISED)
MILADYS
5. ART AND SCIENCE OF NAIL TECHNOLOGY
6. ANTHONY CALLOTI TEXT BOOK OF COSMETOLOGY (USA)
BY ELEGANT TWINS INSTITUTE

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